



Bringing Home The Baby

Get organized for the big day! Here is a checklist of what you should have on hand before your baby arrives.

Beds and linens

- Crib.
- Crib mattress.
- Bassinet/cradle (if you don't want to put your baby in a crib right away).
- Two to three fitted crib sheets.
- Two to three swaddles.
- Two mattress pads.
- One to two waterproof liners (for crib or bassinet).
- Receiving blankets.

Diapering

Based on experience, we recommend waiting to stock up on diapers since you never know how big or small your baby will be. 1 small pack of newborn diapers will suffice until your baby is born and you know what size to stock up on!

- Disposable: 1 pack of newborn diapers until baby comes
- Cloth: Two to three dozen and two to three sets of diaper pins
- Diaper pail (with refills inserts).
- Diaper bag.
- Wipes.
- Diaper cream / ointment.

Feeding time

- Three to five nursing bras.
- A box of washable or disposable breast pads.
- Breast pump if you expect to use one (manual or electric).
- Bottle-drying tree and cleaning brush.
- Nursing cover.
- Nipple cream.
- Nursing pillow.
- Six 4- to 5-ounce bottles, plus nipples.
- Bottle Sterilizer.
- Bottle Warmer.
- Bibs.
- Pacifiers.

Bathing/Grooming

- Plastic infant bathtub.
- Three soft hooded towels.
- Two packs of baby washcloths.
- Baby body wash and baby shampoo.
- Soft brush or comb.
- Laundry detergent suited for baby's skin.

Dressing baby

- One-piece outfits (onesies)
- One-piece pajamas
- Look for soft, easy to change outfits since you will be changing your baby several times a day. It is also better to buy clothes slightly larger since babies outgrow newborn sizes so quickly.

TIP: Opt for 0-3 sizes rather than outfits labeled "newborn".

- Mittens to protect baby from scratching themselves.
- Booties to keep baby's feet warm.

First Aid / Medicine Kit

- A pain-and-fever reducer recommended by your baby's doctor, such as Infant's Tylenol.
- First Aid Kit.
- Nasal aspirator.
- Digital thermometer.
- Petroleum jelly.
- Baby nail clippers.

Getting Around

- Car seat.
Rear facing car seat + base. Most often, hospitals require that you have your car seat with you before they allow you to take the baby home.
- Stroller.

Extras: Nice but optional

- Baby monitor.
- Changing table.
- A rocker or glider.
- Sling or strap-on soft carrier for baby wearing.
- Infant swing.
- Bouncy seat.
- Nightlight.
- Sound machines.
- Gym activity mat.
- Baby keepsake journals / scrapbook.
- Car seat & stroller toys.
- Touch & Feel books to read to baby and for sensory development.
- The Grow With Me iPhone Application ☺